

## Power of Attorney and Advanced Directive

### What is Power of Attorney?

It's a legal document that allows an individual (know as the "Principal") to select someone else (Agent) to handle their business affairs, medical responsibilities or any decision that requires someone else to takeover an activity based on the "Principals" best interest and intentions.

**Durable Power of Attorney:** Authorizes someone else to handle all monetary decisions on their behalf.

**Medial Power of Attorney:** Most commonly used to represent another's health care decisions in situations where a person may not be able to represent themselves.

### How to get?

1. Choose an agent. Someone that you trust to make the best decisions on your behalf
2. Select the form. You can go online and search forms or The Five Wishes website
3. Signing Requirements. Most in California just 1-2 witnesses or Notary Public.
4. Original Copies. Important that all persons have a copy and be sure to have a copy when you travel.
5. Canceling Power of Attorney. May terminate by signing a Revocation Form.

The Five Wishes goes into a very simple way to not only have your "Agent" be legally able to make medical decisions for you, but more about what you want for end of life care and treatment.

[Agingcare.com](http://Agingcare.com)

[Agingwithdignity.org](http://Agingwithdignity.org)

AARP

[Mylifeandwishes.com](http://Mylifeandwishes.com)